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Impact absorption properties of carbon fiber reinforced bucky sponges

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Abstract
We describe the super compressible and highly recoverable response of bucky sponges as they are struck by a heavy flat-punch striker. The bucky sponges studied here are structurally stable, self-assembled mixtures of multiwalled carbon nanotubes (MWCNTs) and carbon fibers (CFs). We engineered the microstructure of the sponges by controlling their porosity using different CF contents. Their mechanical properties and energy dissipation characteristics during impact loading are presented as a function of their composition. The inclusion of CFs improves the impact force damping by up to 50\% and the specific damping capacity by up to 7\% compared to bucky sponges without CFs. The sponges also exhibit significantly better stress mitigation characteristics compared to vertically aligned CNT foams of similar densities. We show that delamination occurs at the MWCNT–CF interfaces during unloading, and it arises from the heterogeneous fibrous microstructure of the bucky sponges.

Supplementary material for this article is available online

Keywords: bucky sponges, heterogeneous materials, impact response, energy absorption, delamination, carbon fiber reinforced carbon nanotube composites

(Some figures may appear in colour only in the online journal)

1. Introduction

Lightweight vibration isolating and impact absorbing materials are essential for a variety of applications such as controlling structural vibrations in automobiles and aircrafts [1], protecting spacecrafts from undetectable micrometeorite and space debris impacts [2], and absorbing shock in sports headgear [3, 4]. Macroscale carbon nanotube (CNT)-based materials show high potential for protective applications because of their controlled physical, mechanical, and electrical properties, and their extremely low density [5–8]. Vertically aligned CNT (VACNT) foams have been synthesized with tailored microstructure and bulk density for applications requiring energy absorption and a broad range of mechanical properties [5, 6, 9–14]. Macrostructures of aligned CNTs with engineered shapes and geometries have also been synthesized as lightweight materials for efficient mechanical energy absorption [15, 16].

Random, self-supporting networks of CNTs—that are commonly referred to as CNT sponges [17–21]—have been fabricated mainly for environmental applications such as sorption, filtration, and separation [17, 22–25]. They are highly compressible up to 95\% of their volume at low stress levels (<0.25 MPa), have good fatigue resistance in response to repeated compressive cycles (∼100 cycles), and present high strain recovery upon unloading (>90\%) [17]. When compressed, the intertwined CNTs in CNT sponges gradually form bundles and align in the direction perpendicular to the
compressive progressive buckling observed in the aligned CNT foams [5, 6]. CNT sponges also exhibit viscoelastic response that is invariant over a broad range of temperatures from −196 °C to 1000 °C [27]. The stick-slip motions of the interlocked CNTs in the sponges contribute to effective energy dissipation making them a potential protective material (damping ratio: 0.37–0.42) [27–29]. Layered structures consisting of alternating layers of non-aligned CNT sponges and aligned CNT arrays have also been created to obtain controlled deformations in desired locations [11, 26, 30, 31].

The mechanical responses of CNT sponges can be tailored significantly by coating the CNTs with different materials [32–34]. For example, coating the CNT sponges with a uniform conformal coating of 10–30 nm thick amorphous carbon has been shown to improve the elasticity and fatigue resistance, allowing the sponges to sustain ~1000 compression cycles without severe damage [33]. The presence of the coating, however, reduced the energy absorption during quasistatic cyclic loadings [33]. Coating CNT sponges with graphene has also been shown to improve their mechanical properties [32, 34]. The presence of graphene overcoats on individual CNTs and at the nodal junctions of their network improved the Young’s modulus of the CNT sponges by a factor of 6 [32], and increased the buckling load and energy absorption by a factor of 60 [34]. The fatigue resistance has also been improved by the graphene addition, where samples survived ~2000 cycles at 60% strain and ~1 million cycles at 2% strain without significant permanent damage [32].

Though there have been many studies in quasistatic loading regime, the dynamic behavior of bucky sponges, particularly concerning their ability to absorb impact, remains elusive. Here, we present the dynamic mechanical response and the energy absorption characteristics of self-assembled bucky sponges made of multiwalled carbon nanotubes (MWCNTs) and carbon fibers (CFs). We use an impact testing platform developed in our laboratory (figure 1(a)) to characterize their dynamic behavior. We synthesized the bucky sponges using a scalable approach that can be adapted for industrial applications. We control their microstructure and porosity by selecting different weight percentages of CFs during synthesis. We have shown previously that bucky sponges exhibit a nonlinear foam-like stress–strain response, and have the ability to recover large strains up to 80% under quasistatic cyclic compression [23]. They dissipate energy through stress–strain hysteresis (~500 kJ m⁻³), which is ~20 times higher than the energy dissipative commercial polymeric foams of similar densities [23].

2. Materials and methods

MWCNTs (NanoTechLabs, Inc.) having diameters between 30 and 50 nm were mixed with a surfactant (1% weight sodium dodecyl sulfate (SDS) aqueous solution) at 0.5 mg ml⁻¹. CFs having ~8 μm diameter were added to the solution in different proportions—10%, 20% and 50% by weight—to produce bucky sponges with three different microstructures. The prepared mixture was tip-sonicated using a Branson Sonifier (200 W) for 10–15 min at 40% power, to homogeneously disperse the MWCNTs and CFs in the SDS solution. The solution was then vacuum filtered and heat-treated in air at 70 °C for 30 min. Finally, the dried samples were peeled off the filter membrane as stand-alone bucky sponges (figure 1(b)).

These stand-alone material was then cut into 6.35 mm-diameter-sized samples for dynamic testing using a custom-made core-drill. The synthesis process resulted in three different bucky sponges, denoted here as CF₁₀, CF₂₀ and CF₅₀, where the number identifies the CF content by weight in bucky sponges (10%, 20% and 50%, respectively). An additional control sample was prepared with no CF inclusions (denoted as CF₀). Scanning electron microscope (SEM) images in figures 1(c)–(f) show their microstructure. The CF₁₀ samples have an average bulk density of 0.21 ± 0.01 g cm⁻³, CF₂₀ of 0.20 ± 0.01 g cm⁻³ and CF₅₀ of 0.15 ± 0.01 g cm⁻³, while the control samples (CF₀) have an average bulk density of 0.18 ± 0.02 g cm⁻³.
Figure 2. Dynamic stress–strain response of the CF-reinforced bucky sponges: (a) characteristic stress–strain responses of CF\textsubscript{10}, CF\textsubscript{20} and CF\textsubscript{50} samples, impacted at 4.55 m s\(^{-1}\), (b) characteristic stress–strain response of CF\textsubscript{10} samples for a range of impact velocities.

To determine the bucky sponge’s mechanical response to impacts, we performed dynamic compression experiments on an impact testing setup built in our laboratory [35]. A simplified schematic showing the main components of the experimental setup is presented in figure 1(a). The setup consists of an impact generator that delivers direct flat-punch striker impacts on stationary test samples, at controlled velocities between 0.5 to 10 m s\(^{-1}\). The striker (7.08 g) is nearly 500 times heavier than the sample, and delivers impacts at kinetic energies between 1 and 350 mJ in the impact velocity range we have tested. During the dynamic compression of the samples, a dynamic force sensor measures the transient force history, and a geometric moiré transducer measures the time-resolved dynamic displacements. A high-speed camera (Phantom V1610) with microscope lens (Infinity) was used for in situ visualization and characterization of the microscale deformations. We also examined the samples in an SEM after impact, to identify the microstructural changes caused by the dynamic compression.

3. Results and discussions

When a bucky sponge is impacted, the stress rises nonlinearly with strain up to a peak stress that corresponds to the maximum strain, and then declines rapidly as the striker is pushed back by the sample (figure 2). The samples continue to recover as the striker unloads. Unloading path differs from the loading path forming a hysteresis that characterizes the energy dissipated during the loading-unloading cycle. Figure 2(a) shows the characteristic dynamic stress–strain responses of CF\textsubscript{10}, CF\textsubscript{20} and CF\textsubscript{50} sponges impacted at 4.55 m s\(^{-1}\). The increase in CF content from 10% to 20% shows stiffening in the stress–strain response (figure 2(a)). The CF\textsubscript{50} sponge, however, exhibited a more compliant response compared to the response of CF\textsubscript{10} and CF\textsubscript{20} sponges. Such compliant response arises from the higher porosity of CF\textsubscript{50} sponges, which is evident in figure 1(f). We performed similar impact tests, at five different velocities. The characteristic stress–strain responses of CF\textsubscript{10} sponges for a range of impact velocities are shown in figure 2(b). As expected, the deformation of the bucky sponges increases with increasing impact velocities, with compressibility reaching more than 70% of their height in the range of velocities tested. All samples exhibited high resilience to impact, by recovering more than 75% of their deformation upon unloading (supplementary figure S1 is available at stacks.iop.org/NANO/28/184002/mmmedia).

We compare the peak stress (figure 3(a)) and the hysteretic energy dissipation—the area enclosed by the hysteresis loop (figure 3(b))—of the three different bucky sponges as a function of increasing impact velocities, as shown in figures 3(a)–(b). Both of these parameters increase with impact velocity in all three bucky sponges. This is due to the increasingly higher maximum strains reached as the samples are impacted at increasing velocities. The CF\textsubscript{50} sponges, however, damp the transmitted stresses more effectively than all other sponges (figure 3(a)). This is a desirable characteristic for applications requiring impact stress attenuation. For example, the peak stress reached in a CF\textsubscript{50} sponge at 4.5 m s\(^{-1}\) impact is \(~\)50% lower than the peak stress reached in a control bucky sponge sample with no CF inclusions (CF\textsubscript{0}), and \(~\)15% lower compared to CF\textsubscript{10} and CF\textsubscript{20} sponges (supplementary figure 2(a)). The hysteretic energy dissipation in all samples with CF inclusions is also reduced by 40%–50% compared to control CF\textsubscript{0} sponges (supplementary figure 2(b)). We attribute the reduction in hysteretic energy dissipation to the initial large deformations occurring at low-stress levels as the porous volume of the samples are compressed, and to the significantly reduced peak stresses compared to control CF\textsubscript{0} sponges. However, the specific damping capacity—the ratio of hysteretic energy dissipated to the total energy absorbed up to the peak stress during loading—increases up to 7% with the inclusion of CFs compared to the control bucky sponges, CF\textsubscript{0} (from 0.56 for CF\textsubscript{0} to 0.60 for CF\textsubscript{10}). This suggests that the inclusion of CF induce the sponges to dissipate more energy during the loading–unloading cycle. The energy that is not dissipated is stored.
Figure 3. Dynamic properties of the CF-reinforced bucky sponges: (a) variation of peak stress with impact velocity; (b) variation of hysteretic energy dissipation with impact velocity; (c) variation of unloading modulus with impact velocity; (d) variation of dynamic cushion factor with peak stress. For clarity, data for the control sample is not included in this figure, but can be found in online supplementary figure S2.

Figure 4. Comparison of (a) peak stress, and (b) energy dissipation of bucky sponges (CF₀, CF₁₀, CF₂₀, CF₅₀; present study) with that of the vertically aligned CNT (VACNT) foams [6], and helical CNT (HCNT) foams [37].
elastically in the sample during loading and released back to the striker as the sample unloads. The elastic unloading modulus of the sample (figure 3(c)) also increases with the impact velocity, due to the increasing densification of the sample under compression. The unloading modulus is calculated from the gradient of the unloading curve, corresponding to the first 5% of the unloading strain. These values are comparable for all three bucky sponges (CF10, CF20, CF50) (figures 3(a)–(c)). Among these three samples, the CF50 sponges exhibit slightly higher compliance (lower elastic modulus), lower peak stress, and lower energy dissipation, compared to CF10 and CF20 sponges, because of their highly porous microstructure (figure 1(f)).

We characterize the cushioning ability of the bucky sponges from the dynamic cushion factor. We define the dynamic cushion factor ($\sigma_f/W_p$) as the ratio between the peak stress and the energy absorbed up to the peak stress, analogously to the definition of the quasistatic cushion factor [36]. The increase in energy absorption and/or decrease in peak stress results in low cushion factor, which is beneficial for protective applications. The variation of the dynamic cushion factor with peak stress is shown in figure 3(d). It is evident that CF10 sponges exhibit better cushioning performance compared to CF20 and CF50 sponges. It should be noted that CF50 sponges, albeit having better ability for stress mitigation, exhibit lower cushion factor due to the lower energy absorption. The cushion factor versus peak stress curves exhibit an unusual convex trend that is in contrast to the usual concave trend seen in quasistatic compression of foam-like materials [36]. This unique characteristic arises from the differences in the fundamental stress–strain response of the bucky sponges and of other foams [36]. Foam materials, in general, are characterized by an initial linear stress–strain response followed by a plateau regime at nearly constant stress level and finally, a densification regime with rapid increase in stress [36]. In such materials, increasing energy absorption (area under the stress–strain curve) at nearly constant stress level in the plateau regime leads to decreasing cushion factor. This decrease is followed by a rapidly increasing cushion factor in the densification regime where the peak stress increases rapidly. Consequently, typical curves relating the cushion factor to stress in foams show a concave trend [36], with a minimum corresponding to the best cushioning performance. In contrast, the bucky sponges exhibit nonlinear, monotonically increasing stress in strain with no apparent plateau regime. Due to this shape of the stress–strain curve, a competing effect arises between peak stress and the energy absorption that leads to the observed convex cushion factor curve in the tested impact velocity range.

We compare the dynamic response of bucky sponges with the dynamic responses reported previously for VACNT foams [6], and helical CNT (HCNT) foams [37] in figure 4. The bulk densities of the bucky sponges are comparable to that of the VACNT foams (0.17 ± 0.02 g cm$^{-3}$) and HCNT foams (0.15 g cm$^{-3}$), and all samples were tested under similar conditions (same striker mass and similar impact velocities). The bucky sponges with CF inclusions (CF10, CF20 and CF50) are more effective at reducing the transmitted stresses compared to VACNT foams or the control bucky sponges (CF0), and are comparable to the response of HCNT foams (figure 4(a)). The VACNT foams, however, have the ability to dissipate higher energy through hysteresis compared to the bucky sponges (figure 4(b)). The formation and breaking of new van der Waals interactions during collective, progressive buckling of the VACNT foams [5, 6] lead to increased energy dissipation, and higher specific damping capacity (0.73) [6], which is 21% higher than the CF10 sponges. The larger hysteresis present in VACNT foams compared to bucky sponges is also evident from the dynamic stress–strain curves, where the VACNT foams reach higher peak stresses at lower maximum strains compared to bucky sponges. A set of characteristic stress–strain responses of bucky sponge samples and a VACNT foam sample impacted at similar velocities is shown in online supplementary figure S3.
The arrows in the images indicate the locations of CFs in the sponges.

Several locations of the sample during unloading reveals localized nucleation of microscale delaminations in micrographs (less than 75% of its deformation). A closer look at the sequential progressive buckling observed in VACNT foams [5, 6], has been reported previously in randomly aligned CNT networks as well [26]. The compressed samples recover instantaneously as the striker unloads, exhibiting high resilience to impact. The dynamic stress–strain and the force–time responses of a CF10 sample (density: 0.21 g cm$^{-3}$; height: 1.83 mm) impacted at 2.85 m s$^{-1}$ are shown in figure 5, along with a few snapshots from the high-speed image sequence that demonstrate the deformation mechanisms during loading and unloading. The sample underwent $\sim$60% compression and recovered more than 75% of its deformation. A closer look at the in situ video reveals localized nucleation of microscale delaminations in several locations of the sample during unloading (figure 5 micrographs (4–6), where the delaminations are highlighted by white circles). The nucleation of delamination is observable when the average stress on the sample decreases to very low stress levels, below 0.25 MPa, and the microscale delaminations continue to broaden as the bulk sample recovers further during unloading. Similar delaminations were observed in CF20 and CF50 samples as well. The occurrence of delaminations can be attributed to two main factors: (i) the intrinsic anisotropy in the alignment of the CNTs, and (ii) the presence of CFs, which makes the material heterogeneous.

Post-impact SEM analysis of bucky sponge samples showed that the delamination occurred primarily in the areas where the CFs are present (figures 6(a)–(c)). This suggest the effect of intrinsic lengthscale differences in CNTs and CFs. The largely different diameters of CNTs and CFs make the bucky sponges highly heterogeneous. When the sponges are compressed, the CNTs undergo more compaction in the vicinity of CFs, as the CFs act as stress concentrators. During unloading, such compacted regions cause local tensile stresses to develop in microscale, even though the bulk sample is under nominal compression at low-stress levels. We also observed rigid rotations or bending of some of the large CFs occurred during compression that could have caused delamination in their vicinity (figure 6(c)). We also note that delaminations occur in the direction that is normal to the loading direction, because of the described microscale deformation modes, non-uniform stress distributions, and the inherently anisotropic self-assembly of CFs inside the CNT network during synthesis.

We observed similar delaminations in the control bucky sponge samples with no CF inclusions (CF0, figure 6(d)) as well. However, in the case of CF0 sponges, the delamination is mainly due to the intrinsic anisotropy of the material arising from the synthesis process—mixing, filtering and vacuum compaction. Even though CNTs are randomly oriented during mixing, they self-assemble into layers during vacuum compaction due to their large aspect ratio—as it is evident from the SEM images of figures 1(c) and 6(d).

### 4. Conclusions

We synthesized bucky sponge samples with different microstructures using a synthesis approach that is potentially scalable for large-scale industrial applications. Using controlled striker impact testing, we characterized their dynamic response and energy dissipation characteristics as a function of impact velocity and composition. The inclusion of CFs

![Figure 6](image-url)
improves the ability of bucky sponges to mitigate impact stresses. In addition to their unique cushioning characteristics, their intrinsic heterogeneity and the microscale deformation modes lead to delamination during unloading. These findings provide insights into the fundamental deformation mechanisms of sponge materials with heterogeneous fibrous microstructure. Bucky sponges can find applications in the development of impact protective and structural vibration damping materials due to their energy absorption characteristics and ease of fabrication.

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